



FOR PHYLLIS TWIDDLE MUFFS

VANESSA SMITH

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Skill level



Easy / Facile / Fácil

Twiddle Muffs are fabulous for Dementia and Alzheimer patients and also for children with Autism.

My Ouma (grannie in S.A) had this awful disease before her passing, so this is dedicated to her.

If you are working your Twiddle Muff in thicker yarn, the pattern is worked in multiples of 4 and you can decrease your starting chain by 8 stitches to work a slightly smaller Twiddle Muff.

DONE BY OUR TESTERS



MATERIALS



- Any DK yarn of your choice.
- 4mm hook.
- Needle for sewing in ends.
- Ribbon
- Buttons
- Pom poms
- Fluffy Yarn
- Crochet Motifs
- Charms and trinkets



ABBREVIATIONS

bpdc	back post double crochet	Yo, insert your hook from back to front around the post of the indicated stitch, complete dc as normal.
ch	chain	
crdc	crossed double crochet	Skip a stitch, 1 dc in the next stitch, 1 dc in the skipped stitch.
popcorn	popcorn	Make 5 dc into the same stitch, remove hook from last dc and insert it into both loops of the 1st dc. Pick up the last dc with your hook and pull through the 1st dc. Ch1 to close the popcorn.
sc	single crochet	
sk st/sts	skip a stitch/stitches	
sl st	slip stitch	
sp/sps	space/spaces	
st/sts	stitch/stitches	
5 trc bobble	5 treble crochet bobble	{Yo over twice, insert hook into the same stitch and pull up a loop, (Yo, pull through 2 loops on the hook) – twice} - 4 times. You should have 6 loops on the hook. Yo and pull through all 6 loops, 5 trc bobble complete. Close with a ch1.
yo	yarn over	

This pattern uses US terminology.

This will be worked as a row. at the end you will join to form a ring. From Round 1 we will work in the round.

Ch 49, work 1dc into the 3rd ch from the hook. 1dc into each of the next 46ch. Make sure your work is not twisted and join to the top of the beginning ch2 with a sl st to form a ring.

Stitch count: 48 dc

ROUND 1

Ch2, (this counts as the 1st dc), 1dc into each of the next 47sts. Join to the top of the beginning ch2 with a sl st. Fasten off and secure ends.

Stitch count: 48 dc

ROUNDS 2 AND 3

Join around the post of any st, ch2 (this counts as your 1st bpd), 1bpd into each of the next 47sts.

Join to the top of the beginning ch2 with a sl st. Fasten off and secure ends.

Stitch count: 48bpd

ROUND 4

Join in any st, ch2 (this counts as the 1st dc), 1dc into each of the next 47sts.

Join to the top of the beginning ch2 with a sl st. **Do not end off.**

Stitch count: 48 dc

ROUND 5

Ch2, (this counts as the 1st dc), 1dc into each of the next 47sts.

Join to the top of the beginning ch2 with a sl st. **Do not end off.**

Stitch count: 48 dc

ROUND 6

Ch2, (this counts as the 1st dc), 1dc into each of the next 47sts.

Join to the top of the beginning ch2 with a sl st. Fasten off and secure ends.

Stitch count: 48 dc

ROUND 7

Join in any st, ch2 (this counts as the 1st dc), 1dc into each of the next 2sts.

*1 popcorn in the next st, 1dc into each of the next 3sts.

* Repeat from *to* 11 more times. Popcorn into the last st. Join to the beginning ch2 with a sl st. **Do not end off.**

Stitch count: 12 popcorns, 36 dc

ROUND 8

Note: Do not work the ch1-space used to close the popcorn in this round.

Ch2, (this counts as the 1st dc), 1dc into each of the next 47sts.

Join to the top of the beginning ch2 with a sl st. Fasten off and secure ends.

Stitch count: 48 dc

ROUND 9

Join in any dc that is worked into the top of a popcorn, ch2 (this counts as the 1st dc), 1dc into each of the next 2sts. *1 popcorn in the next st, 1dc into each of the next 3sts.

* Repeat from *to* 11 more times. Popcorn into the last st. Join to the beginning ch2 with a sl st. **Do not end off.**

Stitch count: 12 popcorns, 36 dc

ROUND 10

Note: Do not work the ch1-space used to close the popcorn in this round.

Ch2, (this counts as the 1st dc), 1dc into each of the next 47sts.

Join to the top of the beginning ch2 with a sl st. Fasten off and secure ends.

Stitch count: 48 dc

ROUND 11

Note: Try to add some yarn with texture on Rounds 11, 12 and 13.

Join in any st, ch2 (this counts as the 1st dc), 1dc into each of the next 47sts.

Join to the top of the beginning ch2 with a sl st. **Do not end off.**

Stitch count: 48 dc

ROUND 12

Ch2, (this counts as the 1st dc), 1dc into each of the next 47sts.

Join to the top of the beginning ch2 with a sl st. **Do not end off.**

Stitch count: 48 dc

ROUND 13

Ch2, (this counts as the 1st dc), 1dc into each of the next 47sts.

Join to the top of the beginning ch2 with a sl st. Fasten off and secure ends.

Stitch count: 48 dc

ROUND 14

Join in any st, ch2 (this counts as the 1st dc) work back and make 1dc into the previous st.

*sk st, 1dc into the next st, 1dc back into the sk st. * Repeat from *to* 22 more times. Join to the top of the beginning ch2 with a sl st. Fasten off and secure ends

Stitch count: 24 crdc

ROUNDS 15, 16 AND 17

Join in the dc to the left, in any cr dc, ch2 (this counts as your 1st dc), 1dc into the previous st. Work 1 cr dc into each of the cr dc's from Round 14.

Join to the top of the beginning ch2 with a sl st. Fasten off and secure ends after Round 17.

Stitch count: 24 crdc

ROUND 18

Join in any st, ch2 (this counts as the 1st dc), 1dc into each of the next 47sts.

Join to the top of the beginning ch2 with a sl st. Do not end off.

Stitch count: 48 dc

ROUND 19

Ch2, (this counts as the 1st dc), 1dc into each of the next 2sts. *5trc bobble in the next st, 1dc into each of the next 3sts.* Repeat from *to* 10 more times. 5trc bobble in the last st. Join to the top of the beginning ch2 with a sl st. Fasten off and secure ends.

Stitch count: 12 x 5 trc bobbles, 36dc

ROUND 20

Join in any st, ch2 (this counts as the 1st dc), 1dc into each of the next 47sts.
Join to the top of the beginning ch2 with a sl st. **Do not end off.**

Stitch count: 48 dc

ROUNDS 21-26

Note: If you feel that the Twiddle Muff is becoming a bit long you can decrease the amount of rounds worked here.

Ch2, (this counts as the 1st dc), 1dc into each of the next 47sts. Join to the top of the beginning ch2 with a sl st. Fasten off and secure ends after you have completed Round 26.

Stitch count: 48 dc

ROUND 27

Join in any st, ch2 (this counts as the 1st dc), 1dc into each of the next 47sts.
Join to the top of the beginning ch2 with a sl st. **Do not end off.**

Stitch count: 48 dc

ROUND 28

Note: Don't worry too much about where your bobbles fall, this just adds to the texture of the Twiddle Muff.

Ch2, (this counts as the 1st dc), 1dc into each of the next 2sts. *5trc bobble in the next st, 1dc into each of the next 3sts.* Repeat from *to* 10 more times.
5trc bobble in the last st. Join to the top of the beginning ch2 with a sl st.
Fasten off and secure ends.

Stitch count: 12 x 5 trc bobbles, 36dc bobbles, 36dc

ROUND 29

Join in any st, ch2 (this counts as the 1st dc), 1dc into each of the next 47sts.
Join to the top of the beginning ch2 with a sl st. **Do not end off.**

Stitch count: 48 dc

ROUND 30

Ch3, (this counts as the 1st dc and ch1)

Sk st, 1dc into the next st, ch1. Repeat from *to* 22 more times.

Join to the 2nd ch of beginning ch3 with a sl st. **Do not end off.**

Stitch count: 24dc, 24 ch1-spaces

ROUND 31

Ch2 (this counts as the 1st dc), work 1 dc into each st and ch1-sp. Join to the top of the beginning ch2 with a sl st. **Do not end off.**

Stitch count: 48 dc

ROUND 32

Ch1 (this does not count as a st), 1sc into the same st. Work 1sc into each of the next 47sts. Join to the beginning sc with a sl st. Fasten off and secure ends.

Stitch count: 48 sc

Now embellish your Twiddle Muff. You can attach buttons, ribbon and accessories – go crazy! 😊



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Keeping you hooked until next time,

A handwritten signature in black ink that reads 'Ness' with a long horizontal line underneath and a small 'x' at the end.